



# friendship force

## SAN FRANCISCO BAY AREA

### Changing the Way You See the World

Vol. 27 No. 3

SAN FRANCISCO BAY AREA NEWSLETTER

June/July 2010

#### PRESIDENT'S MESSAGE

I know that many of our members have traveled to Costa Rica either as ambassadors with a Friendship Force club or as regular tourists. Lois and I went there in 2008 on a non-Friendship Force trip. It is a remarkable country. And beginning on June 20, nineteen ambassadors from this small but vibrant Central American country will be visiting us for 8 days.

While we were there, we had the chance to fly from the Atlantic side to the Pacific southwest corner near the Panamanian border. The view from above is one of lush green vegetation, a gorgeous tropical rain forest. On the ground it is warm and humid, but not overwhelmingly so. If you haven't been there yet, you should put it on your list of must-see countries.

For a number of years Costa Rica was a bit off the radar screen for many travelers. Other places in Central and South America with spectacular sites like Machu Picchu in Peru, the Aztec and Mayan ruins in Mexico, and the Galapagos Islands off Ecuador were more attractive. But Costa Rica has its volcanoes, its turtles, beaches, birds and monkeys, and—one has to mention—its rough and often unpaved roads that give any traveler a wonderful experience. And, of course, there is the “zip-line ride” where you throw yourself into space, tunneling through the trees on a cable.

The ambassadors from Alajuela, Costa Rica are coming to visit our club June 20 and will be with us until June 27. You can greet them with the words *pura vida* (literally “pure life”). Many of you are helping with hosting, transportation, potluck dinners, and as translators. We would like as many people as possible to meet the ambassadors by attending some of the functions that we have planned. The Welcome Party and the Farewell Party are events that we hope many of you will attend. Lois Smallwood and her committee have done a great job planning this exchange. (Be sure to read the article that describes these events in more detail.)

When the hosts and committee members met on Sunday, May 23, Luree Miller presented us with a quiz about Costa Rica. Here are a few of the things we learned about that country. First of all, the capital is San Jose. That's easy to remember, but may also be confusing if you are flying from our San Jose to theirs. Costa Ricans are known as *ticos* in their own country. The new president of Costa Rica is Laura Chinchilla, the first woman president of Costa Rica. (If you Google her name, you can see pictures of her and a article about her on Wikipedia.)

Costa Rica is about the size of Vermont and New Hampshire put together and borders Panama and Nicaragua. It has 4.34 million people and seven active volcanoes. (They are another tourist attraction.) The country got its independence from Spain in 1821, and Columbus visited it in 1502.

Costa Rica has a thriving tourist industry and productive agriculture made up of banana, coffee, and sugar cane. It is one of the highest-ranking environmentally concerned countries in the world.

Alajuela, where our ambassadors are coming from, is the second largest city in Costa Rica, with a population of 46,554. San Jose is the largest city with a population of nearly 350,000. The national hero of Costa Rica is Juan Santamaria, a young drummer boy who gave his life to save the nation from becoming a slave state in the 1850s. Again there are plenty of articles on the Internet if you wish to study the history, culture, and people of Costa Rica (or look in the C volume of your World Book Encyclopedia if you still have one of those around.)

Our club has hosted many ambassadors over the years. We have a chance to meet new people from a different culture on June 20. I hope that all of you will take the opportunity to get acquainted with them and welcome them to our club and to our country.

—Stephen Smallwood, President

#### ALAJUELA INCOMING EXCHANGE

TEN HOST FAMILIES and many day hosts are looking forward to welcoming our ambassadors from Alajuela, Costa Rica on Sunday, June 20, when they arrive at the Oakland airport from Seattle. You are all invited to all of the activities, including welcoming them at the airport. Please join us for these activities:

Sunday, June 20, arrival at Oakland Airport, Alaska Airlines flight AS350, at 11:35 a.m. Welcome party and lunch at Herb and Kumi Clough's house in Atherton, starting at about 1:00 PM. No charge for hosts or ambassadors; \$5 for other members and guests, payable at the door.

Monday, June 21—free day.

Tuesday, June 22—San Francisco Tour. Most ambassadors will be taking the Hop On, Hop Off bus tour (about \$35). More information at

<http://www.opentopsightseeing-sf.com/hop%20on-off.html>

Wednesday, June 23—San Francisco Walking Tour, led by Gloria Greenwald; meet at 10 a.m. at the BART station at

Powell; please call Gloria if you'd like to join the tour.

Thursday, June 24—Livermore winery tour and lunch; meet at 11:00 at the Garré Winery, 7986 Tesla Road, Livermore 925-371-8200, for the tour, lunch, and bocce ball. Please send the information requested below to reserve lunch for yourself, **by June 15**, to Karen McCready, with your check for \$21 (no charge for ambassadors).

Friday, June 25—Stanford tour led by Carol Stevens from 9:30 to 2:00. Meet at the Rodin garden. Please call Carol if you'd like to join the tour.

Saturday, June 26—Farewell party and tree planting at Prusch Park from 11:30 to 2:30 (see directions and map on page 7). Main dish will be provided. Potluck for drinks, salads, desserts. If your last name begins with A-H, please bring dessert; I-R, please bring non-alcoholic drinks; S-Z, please bring a salad.

Sunday, June 27—departure at Oakland Greyhound Station, 2103 San Pablo Avenue, at 10:30 a.m.

Darlene Boyanich is coordinating the potluck dinners. If you would like to have one in your home, or be included in one at someone else's home, please call Darlene.

If you would like to day-host, please email Lois Smallwood at [lois5wood@earthlink.net](mailto:lois5wood@earthlink.net) or phone her.

Hope to see you often during the activities with our Alajuela ambassadors!

Please send the following information and payment to reserve a place at the Winery Tour and Lunch:

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone number \_\_\_\_\_

Email \_\_\_\_\_

Please make check out to FFSFBA for \$21 (includes lunch, tax, tip, winery tour, bocce ball) and mail to

Karen McCready by June 15.

## DIRECTIONS TO THE LIVERMORE VALLEY AND GARRÉ WINERY:

Take the Hwy 84 East exit off 680. At the stoplight, the junction with Holmes Avenue, stay right onto Holmes. Go right at Concannon, right on S. Livermore Avenue, and continue when it becomes Tesla Road. Garré Winery is on the left shortly before Greenville Road. You will pass Wente and Concannon wineries on the way to Garré. If you don't already have the winery map, you can pick up one at the luncheon.

Garré Winery's bocce ball is free with lunch. Besides enjoying the bocce ball and strolling through their gardens, you might, of course, want to do a little more wine tasting at Wente and Concannon. Tasting fee is \$5 at both of them. They are the only wineries open for tasting on the weekdays. The downtown Farmer's Market opens at 4 p.m. The beautifully redeveloped downtown Livermore is definitely worth a look, featuring the lovely Bankhead Theater and several nice shops.

If you want to return through Niles Canyon, retrace your steps on Hwy. 84 and under 680 to the Fremont/Sunol turnoff—Calaveras Road. Continue west (right) on 84 and through the canyon. When you get to Mission Blvd., stay straight ahead, and bear right through the underpass to Niles Blvd. and the quaint shops of Niles.

Don't miss the newly opened Niles Town Plaza along the railroad on the right side. The centerpiece of the new plaza is the renovated depot, now home to a model railroad. The unique fountain at the front of the plaza contains a set of zoetropes, based on the old time whirling devices that created the original "moving pictures." Of course, this plaza is in part a tribute to Niles' legacy as the site of some of Charlie Chaplin's earliest movies and hundreds of Bronco Billy's Westerns. Thus, you'll see the name "Essanay," for the S and A Studios, immortalized on a local restaurant and the silent film museum across the street from the plaza. Come back some Saturday night for a silent film program at the museum, accompanied by live pianists. Husbands beware: the shops will be open.



Karen McCready and Barry Rader in China

## CHINA

I was chosen by FFI to lead a Discover trip to China. By the time the recruiting was over we had 11 Americans—seven from our club (Karen McCready, Wil and Louise Heiduk, Arnold Becker, Martha LeRoy, Nancy Menz, and myself), one from Reno, and three from Houston. The remainder came from South Africa (five) and four from Australia. We left the US on April 12<sup>th</sup> and returned on May 2<sup>nd</sup>. Between those dates we saw Shanghai, Xian, Nanjing, sailed on the Yangtze, and reveled in Beijing. During the course of the trip, we had a home stay in Nanjing, saw the famous Terra Cotta Warriors of Xian, walked on the Great Wall, stayed in 5 star hotels and had Chinese banquets twice a day. (They were much better than the last time I was in China).

The kindergarten class in Nanjing where 40 five year old's cheered and surrounded me as I displayed the American flag was one of the great moments in my life. Seeing the Terra Cotta Soldiers again in Xian and showing them to Karen was

exciting and fulfilling. Beijing has been rebuilt since I saw it in 1998. The weather in China was cold for the most part; it even snowed at the Great Wall. The air quality was difficult at the beginning of the trip but cleared up when we got to Beijing. Our home stay in Nanjing was exciting because of differences in culture and the excessive wealth of our hosts.

The most amazing difference between China in 1998 and in 2010 was difficult to comprehend. Shanghai was a new city, up and coming with great buildings and a vibrant economy back then; however, the rest of China was yet to wake and face the new millennium. Now all of China is firmly in the twenty-first century: great cities with up to 33 million people, towering skyscrapers, modern infrastructure, new cars everywhere, 4 and 6 lane super highways between cities, and a new national bird, the building crane. They are constructing high speed trains and subways all over the nation. Wake up, world: China has arrived.

—Barry Rader, Exchange Director



China Discover Trip



Conservatory of Flowers in San Francisco. Joy Hillman, Elizabeth Shumway, Ron Greenwald, Nina Davidson, Gloria Greenwald, Scott and Lurie Miller, Gail, and guest Rhea Wolkowitz.

## AREA 1 VISITED THE GOLDEN GATE EXPRESS GARDEN RAILWAY IN APRIL

On April 17<sup>th</sup>, a beautiful blustery day at the Conservatory of Flowers in Golden Gate Park, Area 1 members visually boarded The Conservatory's enormously popular garden rail-

way exhibition. Members enjoyed the celebration of the city of San Francisco by taking in the sights and sounds of a model train, cable car, streetcar, and wending their way through a lush landscape of dwarf plants and zipping past mini versions of the city's landmark buildings. Not to be left out: the twice daily arrival of the famous fog that rolls in under the Golden Gate Bridge and envelops the mini city in mystery.

The magic of this dynamic design was created by the members of the Bay Area Garden Railway Society (BAGRS). We enjoyed the "Spin Wheel Quiz," which had us all seeking objects that composed the various components of structures. Everything was made from recycled "Stuff." From the Ghirardelli Square to the Golden Gate Bridge, Coit Tower to Chinatown's dragon gate, replicas of San Francisco's most famous places had been creatively crafted from recycled and re-purposed materials. Corks, wine boxes, cheese graters, cutlery and more came together to make San Francisco's gourmet haven, the Ferry Building. The towering Transamerica Pyramid was studded with over 600 computer keys. Debuting this year were eight new landmarks including San Francisco's City Hall, the Palace of Fine Arts, the Castro Theater and more—all set amongst miniature gardens and parks to create a magical setting.



Conservatory of Flowers in San Francisco.

Gloria and Ron Greenwald, Nina Davidson, Lurie Miller in circle.

Members in attendance were Scott & Luree Miller, Ron & Gloria Greenwald, Elizabeth Shumway, Nina Davidson, Joy Hillman, Gail Boyd, and guest Rhea Wolkowitz. We are all looking forward to our next adventure to Half Moon Bay's Farmer's Market and Flower Mart on July 17.

—Gail Boyd and Luree Miller  
Area 1 Co-Chairpersons

## AREA #1 MAY OUTING

Where might one find 155 noisy patients behind fences, 800 volunteers with buckets of fish, and the world's largest state-of-the-art marine mammal hospital? In the Golden Gate National Recreation Area up in the Marin Headlands, of course! On May 20<sup>th</sup>, after enjoying bag lunches and lively chats while overlooking the coastline, members from FFSF-BA's Area #1 (Elizabeth Shumway, Alyce Zahorsky, Gail Boyd, Joy Hillman, and Luree Miller) and guests (Rhea Wolkow-

itz and Ann Hayward) visited The Marine Mammal Center and discovered fascinating information about the rescue, veterinary care, rehabilitation, and return-to-the-wild of marine mammals like California sea lions, Pacific harbor seals, and Northern elephant seals.



The Center has been at this former Nike missile launch site since 1975, rescuing and treating marine wildlife suffering from maladies such as malnutrition (the biggest problem), cancer, pneumonia, gunshot wounds, maternal separation, and entanglement in nets and other ocean pollutants. Even though a computer glitch meant cancelling our docent-led tour, we chose to donate tour fees to the Center, because of both the important research work it does and its dedication to saving stranded and sick marine mammals. After all, what would the Bay Area be like without seals and sea lions? And what would this particular sunny May day have been like if not shared with both old and new friends in this unique way? What will Area #1 do for an encore? Stay tuned!

### AREA 1'S FUTURE EVENTS

The following events are open to all FFSFBA members and guests:

July 17<sup>th</sup>—Saturday

A day in Half Moon Bay, visiting the Farmer's Market and Flower Mart. All members and guests are invited to join Area 1 to enjoy a relaxing Saturday outing in a close-knit community where ties to the land run deep. It's a great time to buy plants for your patio, garden, or a special gift. Meeting place and time to be announced.

August 21<sup>st</sup>—Saturday

Angel Island, Immigrant Gateway to America, Tiburon, in Marin County, just north of the Golden Gate Bridge.

—Gail Boyd and Luree Miller

Area 1 Co-Chairpersons

### AREA 2'S BRUNCH AT THE FORUM

Thirty Friendship Force members and guests met on April 10 at The Forum in Cupertino, a retirement community where FFSFBA members Sara Turner and Bob Worcester reside. We enjoyed a delightful buffet brunch followed by a wonderful photo presentation by Ivan Heling about a Friendship Force exchange to Chile and the Galapagos Islands that he and Natalie were on.

President Steve Smallwood summarized the club's goals and plans for the year, and reminded the group of the opportunities to participate in the inbound exchange from Alajuela, Costa Rica in June, the outbound exchange to Tuxtla-Gutiérrez, Mexico in September, and the possibility of linking up with another club to travel with their scheduled exchange if there's available space. Members were also encouraged to attend the FF International Conference in Washington, DC in October.

—Dee Gustavson

### SATURDAY, JUNE 19—AREA 3 PUBLIC MEETING IN FREMONT

"Home Hosting Here and Abroad," June 19, 10:00 a.m. to 11:30.

Watch a program about a recent tour of China, including a home stay, and learn about upcoming trips to be hosted by club members in Southern Mexico and Biarritz, France. We're meeting in the conference room of the new Brookvale branch of Fremont Bank, corner of Fremont Blvd. and Decoto Road, Fremont. No RSVP required. Public welcome.

—Karen McCready

### INDONESIA—INCOMING EXCHANGE IN 2011

Think ahead to July 2011 and start to plan on meeting members of the Malang, Indonesia Friendship Force club. This will be an opportunity for us to host a club from one of the largest countries in Asia and in the world. We are still looking for an exchange director or co-directors. If you are interested or would like to help on the exchange committee, please contact Steve Smallwood.

### THE BIRTHDAY PARTY

On May 16<sup>th</sup>, Friendship Force of the San Francisco Bay Area held its 26<sup>th</sup> annual Birthday Party at the Los Altos Library. Approximately 40 people attended, including four guests. Pat and Margaret Kingery reminisced about the early days of our club and some of the first trips that the club took when it got started back in 1984. After a brief business meeting and a short break for refreshments—snacking on the Birthday Cake—Karen McCready, Barry Rader, Martha LeRoy, and Nancy Menz led a presentation of their recent FFI-sponsored trip to China. A group of 20 Friendship Force ambassadors from clubs in South Africa, Australia, and the U. S. visited Shanghai, Beijing, and Xian, and sailed down the Yangtze River. The ambassadors also had a chance to visit the homes of people in China, as well as seeing the famous attractions of ancient and modern China.

The meeting ended with the singing of "Let There Be Peace on Earth."

—Stephen Smallwood, President

### WESTERN REGIONAL PRESIDENTS' CONFERENCE

On Saturday, May 22<sup>nd</sup>, Lois and Steve Smallwood attended the Friendship Force Western Regional Presidents'

Conference, which was held in Santa Monica at the home of Eva and Herb Hain, longtime members of the Los Angeles club. Ten presidents, their spouses, and other members from the states of California, Arizona, and Nevada attended. Hawaii is also part of our region, but the Honolulu and Kauai clubs weren't represented this year.

At the conference Mike Gittleman, our regional field representative, and Sandra Larson, who is on the FFI board, spoke to us about recent developments within Friendship Force International. The goal of increasing membership and looking for new opportunities is embodied in the motto "To Grow and To Change." Sandra also reported that at the World Conference scheduled for October 16-18 in Washington, D.C., FFI has arranged for 140 home stays.

Non-traditional exchanges are also becoming more popular. These include environmentally and humanitarian centered exchanges. An exchange with Japan will include grandparents and their grandchildren. It's estimated that by 2012 about 15% of the exchanges will be non-traditional. Another goal of FFI is to encourage more exchanges to the "fly over states" in the middle of our country.

Members of the Los Angeles club led brief discussions about exchange booklets, problem solving, travel journals, and extra-curricular activities. The Los Angeles club has an active social program that includes dinners in members' homes, attendance at concerts and museums, and social evenings centered around playing cards and games.

In the afternoon the conference broke up into two groups, which discussed various concerns that all the clubs seem to experience. These discussions centered around recruitment, problems of aging and travel, and the assignment of responsibilities to as many members as possible to keep them interested and involved in the club's activities.

At the end of the conference, FFSFBA chose the year of 2015 to host the Western Regional Presidents' Conference here in the Bay Area.



## MEXICO IN SEPTEMBER

September 9-24 to Tuxtla Gutierrez

9-13

Mexico City

13-20

Tuxtla Gutierrez

20-24

Oaxaca

Home stay with the Tuxtla Gutierrez club, noted for great hospitality!

Visit archeological sites, museums, ethnic dance program, restaurants, historic villages, natural wonders, participate in the celebration of the 200 anniversary of independence, meet new friends and more!

There are still openings for additional ambassadors: call Ron and Gloria Greenwald.

## FUNDRAISER FOR MEXICO CHARITY MAY REACH \$1,000

As you probably know, we are continuing a precedent established for last year's exchange to South Africa. That is, we raise funds for a worthy cause recommended by our host club. In that way, we can leave a lasting tribute to our new friendships and express the Friendship Force philosophy in a tangible way. When our ambassadors visit Tuxtla-Gutierrez, Mexico in September, they will be presenting a check for specific needs to a local charity. This year we advertised the sale items via email and updated those listings as items sold. At this printing, our email auction to raise funds for a charity in Tuxtla-Gutierrez, Mexico may have reached or exceeded \$1,000.

Here are some items that may still be available:

Visit Picchetti Ranch and Winery in Cupertino: one hour walk plus picnic lunch for buyer and up to three guests. (Wine purchases not included.) View peacocks, old barn, orchard—a beautiful setting with photo ops! \$50

Genealogical Research: research limited to online sources, including subscription databases not available for free. No re-

search by telephone, postal mail, or by travel to libraries and archives. A face-to-face meeting is required before beginning, to establish in detail what is already known. \$50 minimum for 5 hours + \$10 per additional hour

Sunday Brunch and a stroll through Old Niles: start with a glass of a favorite bubbly before enjoying an array of fresh fruit, quiches, pastries, coffee or tea. Then join us for a short stroll (or ride) down to the new Town Plaza in Niles and the charming shops on the street where Charlie Chaplin and Bronco Billy made movies in the '20's. A few spaces left for \$25 each.

Thank you to everyone who has contributed so generously already, both as donors and buyers. We know how much fun the recipients and donors are going to have when they get together for these activities.

Call or email Karen and Barry if you are interested in any of the remaining items.



## AN EXCHANGE TO BIARRITZ IN 2011

Where in the world is Biarritz?

The next question is "How do you pronounce it?" It's a Basque word, our first clue that it's in the Basque country. Geographically and politically, it's in France; The Autonomous Region of Basque, however, covers three southern French provinces and three northern Spanish provinces. That, in turn, suggests an interesting and, perhaps, dramatic history. Much more about the culture later. Here are the basic facts that we know so far:

Date: Possibly in May 2011

Host Club: Biarritz

Exchange Director: Barry Rader and Karen McCready

Additional travel: So many possibilities, including the French coast up to Normandy, further exploration of the Basque country into Spain, a pre- or post-trip to Paris, etc.

When to sign up as prospective ambassadors: Starting at the meeting on June 26<sup>th</sup> at Prusch Park



Biarritz, France

We expect this to be a popular exchange. Our club reserves up to four spaces for members who have never traveled with a Friendship Force club.

An introductory cultural lesson: to be provided by the native Basque managers of the Basque Cultural Center in South San Francisco when we have our general meeting/luncheon there on October 3<sup>d</sup>.

## SPEAKERS' BUREAU PRESENTATIONS

We want to thank those who have made the effort to find speaking venues for us and to show up and support us at these meetings. In the past few months, we have promoted the Discover China trip and our own club's Tuxtla-Gutierrez Exchange at two Fremont Library sessions and at a private home in Mountain View. We continue to welcome suggestions about speaking to prospective Friendship Force members. We would like to emphasize that our main intent is to attract new members, not to provide a travel program for people who are not likely to join us either in hosting or traveling with us. In the meantime, we will continue to update our "26 Homes in 13 Countries" PowerPoint presentation. Thanks for your support and understanding. —Barry Rader and Karen McCready

## NOMINATING COMMITTEE

Don Pelland, Luree Miller, and Dee Gustavson have agreed to serve on the nominating committee. If you'd like to recommend a club member with leadership qualities for an office, please contact Don Pelland, the nominating committee chairman.

## FRIENDSHIP FORCE INTERNATIONAL CONFERENCE

October 15–18 is the date for the FFI Conference to be held in Washington, DC. If you've never attended the annual conference, I urge you to go! 300–500 people will attend from six continents around the world. It's a great opportunity to

meet new people, develop friendships, share experiences with members of other clubs, and to learn about other cultures.

You'll learn about FFI's future goals. Plenary sessions and leadership workshops will feature new initiatives in membership growth, exchange planning, club management and publicity, as well as tips on how to design new themed exchanges for both outbound and inbound exchanges.

Prominent speakers from a variety of Washington-based international organizations and government agencies will introduce FF leaders to the growing global movement known as citizen diplomacy. You'll learn how important FF's mission is in today's world, and how you can connect with organizations in your community that share FF's goals.

FUN is part of the agenda (a requirement at any FF gathering), and Sunday's gala banquet will be an evening of entertainment, music, dancing, and camaraderie. The banquet's theme is "World Costume," so bring along your national dress to wear or items you've acquired overseas during your FF travels.

Register for one of the 140 spaces for a 4-night homestay experience in the region (after the conference), or in a gateway city on your way home. The conference fee is \$280, plus airfare, hotel stay costs, and optional home-stay fees.

If you decide to attend, you can get details about how to register from FFI's website: [www.thefriendshipforce.org](http://www.thefriendshipforce.org)

Phone President Steve Smallwood if you plan to attend.

—Dee Gustavson

Personal note: I've attended at least 10 FFI conferences, and enjoyed every single one!

## IVAN HELING OBITUARY

Ivan Heling passed away unexpectedly on May 3<sup>rd</sup> while visiting his son out of state. He was 63. He is survived by his wife and best friend of 32 years, Natalie, sons Matt and Andrew, daughter-in-law Mei, and extended family.

Born and raised in Wisconsin, Ivan attended Northwestern University where he played trumpet in the marching band. He graduated with a B.S. in mechanical engineering and then headed to sunnier skies in California, where he met Natalie. He worked as an engineer at Lockheed for 21 years and then as a technical writer at a series of start-up companies before retiring in 2003.

In addition to his career, Ivan was an active contributor to the community. He was involved at Prospect High School, Sacred Heart Community Service, the Lynhaven Neighborhood Association, Friendship Force, Campbell Travel Slide Shows, and HAM radio organizations. He also taught disaster preparedness classes for the OES.

His hobbies included many "toys," ranging from model trains to real tractors as a boy on a farm, to bicycles, cars, planes, sailboats, forklifts, and HAM radio equipment later in life. He also loved to travel and was a prolific photographer, always with camera at hand, ready to snap his next professional-grade photograph.

To all that knew him, Ivan was a caring and generous person who was always ready to make a joke. He thoroughly enjoyed life, and loved to learn, laugh, be with his family and friends, and connect with others. His kindness, wit, and humility touched us all, and will be sorely missed by all he knew.

A memorial service to celebrate Ivan's life will be held on Saturday, May 15th at 2:00 p.m. at the Darling-Fischer Memorial Chapel in Campbell. In lieu of flowers, the family would appreciate a donation to Sacred Heart Community Service, Prospect High School Music Boosters, or the charity of one's choice.

The service program and the obituary are posted at <http://ffsfba.org/InMemoriam/IvanHeling.htm>

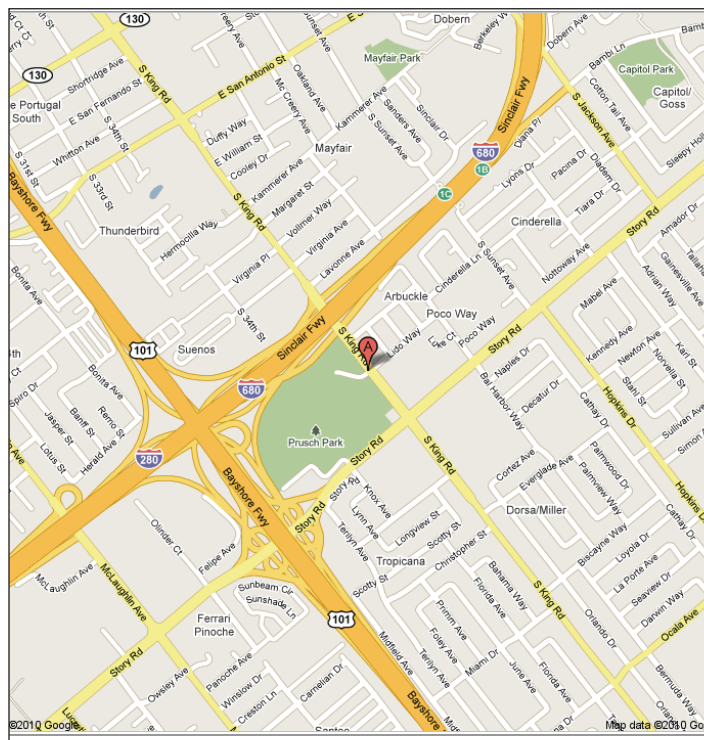
## DIRECTIONS TO EMMA PRUSCH PARK (PICNIC, FAREWELL PARTY, TREE PLANTING) SATURDAY JUNE 26

Directions: From the East Bay, take 680 south to the King Road exit. Turn left onto South King Road and right into the Prusch Park parking lot. (Or take 880 to merge with 101 and continue with directions below.)

From the Peninsula, take 280 south, nearly to 680. Exit turning right onto S. King Road. Turn right into park at about 945 South King Road, San Jose, CA.

From the West Bay, take 101 south to Santa Clara Street exit toward San Jose State/CA-130/Alum Rock Avenue. Turn left onto E. Santa Clara Street. East Santa Clara becomes Alum Rock Avenue. Turn right onto S. King Road. Turn right into park at about 945 South King Road, San Jose, CA.

(The address 945 is not shown anywhere, but it is the address that Google Maps, Yahoo Maps, and Mapquest show at the position of the entry to the park, so perhaps your GPS will also find it.)



## 2010 FFSFBA COMMITTEES

### EXECUTIVE COMMITTEE

President@ffsfba.org: Stephen Smallwood

VP@ffsfba.org: Barry Rader

Secretary@ffsfba.org: Karen McCready

Treasurer@ffsfba.org: Scott Miller

### STANDING COMMITTEES

Activities@ffsfba.org: Lois Smallwood

Membership@ffsfba.org: Mary Pelland

Newsletter@ffsfba.org: Dave & Dee Gustavson

Parliamentarian@ffsfba.org: Karen McCready

Publicity@ffsfba.org: Arnold Becker

### EXCHANGE DIRECTORS

Tuxtla-Gutierrez, Mexico, OutboundM@ffsfba.org  
Ron & Gloria Greenwald

Alajuela, Costa Rica, InboundCR@ffsfba.org  
Lois Smallwood

### SUPPORT COMMITTEES

ExchangeBanker@ffsfba.org: Don Pelland

Merchandise@ffsfba.org: Barry Rader

Forester@ffsfba.org: Don Dillon

Karen Rice

Forest records: Mary Alice vanDoorn

Program@ffsfba.org: Barry Rader

Area Group Coordinator

Regional@ffsfba.org: Louise Heiduk

Sunshine@ffsfba.org: Darlene Boyanich

Webmaster@ffsfba.org: Eoin O'Donoghue

**FFSFBA website: <http://www.ffsfba.org>**

**Friendship Force International**

233 Peachtree Street, Suite 2250

Atlanta, Georgia 30303

Tel: 1-404-522-9490, 1-800-554-6715 Fax: 1-404-688-6148

Website: <http://www.thefriendshipforce.org>

## 2010 CALENDAR

**June 20–27**

**Inbound Exchange from  
Alajuela, Costa Rica**

**June 26**

**Annual Picnic, Farewell Party  
and Tree Planting for Costa  
Ricans, Prusch Park, San Jose**

**August 22**

**FFSFBA Board Meeting at  
Karen & Barry's, Fremont**

**September 9–24**

**Outbound Exchange to  
Tuxtla-Gutierrez, Mexico**

**October 3**

**Annual Meeting,  
Lunch at Basque Cultural  
Center, So. San Francisco**

**October 15–18**

**Friendship Force  
International Conference  
in Wash., D.C. (with  
optional homestay)**

**December 4**

**Holiday Luncheon at  
Michael's Shoreline  
Restaurant, Mountain View**

## 2011 CALENDAR

**February 4–6**

**Friendship Force  
International Conference  
in Auckland, New Zealand  
(with optional homestay)**

**May**

**Outbound Exchange to  
Biarritz France**

**July**

**Incoming Indonesia Exchange**

**July or August**

**Incoming Domestic Exchange  
from Dallas, TX**

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